

February, 1971.

The Rector's Letter.

My dear Friends,

Lent is a time when we are asked by the Church to give extra time and thought to our relationship with God and our neighbours. Ash Wednesday is on the 24th February and we have a short while in which to prepare ourselves and then do something practical.

On Ash Wednesday, in Church, there will be a School Service at 9.15 a.m. and a Service of Holy Communion at 10 a.m. There will also be a celebration of Holy Communion EACH WEDNESDAY DURING LENT at 10 a.m.

Following the question of stewardship of God's gifts, which was the subject of last month's letter; the obvious question now is - how much of my money shall I give? The following may be of help:

HOW MUCH SHALL I GIVE? :

- (i) There is no one standard of giving which can be set up as appropriate to all men in all circumstances and at all times. Each man must make a rule for himself, such as he can reconcile with his conscience before God.
- (ii) The first step in making such a rule is to work out what is the net disposable income for the use of which we are ourselves freely responsible.
- (iii) The second step is to consider what is a worthy proportion of our net disposable income taking into account family responsibilities for us to allot to the maintenance and extension of Christ's Church on earth, and to the relief of suffering and deprivation among our fellow men everywhere.
- (iv) To those who need more specific guidance to help them in making up their minds on this matter, we offer the following for consideration:
 - (a) the ancient standard of the tenth - widely accepted to-day;
 - (b) the contribution of one-twentieth to the Church specifically, leaving scope for additional giving for charitable purposes on a standard which must be individually settled.
- (v) Having decided on the total amount to be given, the Christian must make some assessment of the channels through which this is to be directed, hearing in mind the fact that he must at all times be ready to make some response to new occasions for compassion and charity.

- (vi) What is to be given must be covered as far as is practicable by a definite undertaking, to cover a longer period than a single year, and the use of deeds of covenant should be encouraged.
- (vii) All these decisions should be reviewed personally each year, and whenever the giver's circumstances substantially alter, quite apart from any corporate renewal process which may be arranged.
- (viii) The principles of stewardship apply to capital as they do to income; and the importance of timely consideration of this, particularly in the later years of life, must be stressed.

It is hoped you will have a Curate living in the Parsonage by Easter. They are not very plentiful nowadays but no stone is being left unturned.

Yours sincerely,

Allan Campbell,
Rector.

PREACHERS IN LENT AT ST. MARY'S

February 23th	6 p.m.	The Reverend J.A. Tate, M.A. Warden of St. Mary's Convent, Wantage.
March 7th	10 a.m.	The Bishop of Shrewsbury.
	6 p.m.	Guthrie Moir Esq., M.A. Controller Education & Religious Programmes Thames T.V.
" 14th	6 p.m.	The Archdeacon of Buckingham
" 21st	6 p.m.	The Reverend O.R. Fulljames, M.A., V.R.D. Vicar of Holy Trinity, Kingsway W.C.2.
" 28th	6 p.m.	The Reverend Canon Bryan Green, M.A. Lately Rector of Birmingham.
April 4th	6 p.m.	
April 11th	EASTER	The Rector.

MUSICAL SUCCESSES IN NOV. - DEC. 1970

Congratulations are extended to the following:-

Penelope Weedon Associate. Board Grade V organ with merit
Trinity College Grade V General Musicianship Grade V with merit

Paulina Antosiewicz Associate Board Grade VI flute

Tessa Nurney Associate Board Grade VI clarinet with merit

and also to Paulina Antosiewicz upon being appointed deputy head girl of Brudenells County Secondary School for the present term.

THE PARISH COUNCIL AND THE BUS SERVICES.

On Monday, 25th January, the Parish Council held their Meeting which the Public were asked to attend to put their views on the curtailment of the local bus services. It was good to see so many people turn up to discuss this matter which is of vital importance to a village like Coleshill, situated as it is three miles from a railway station, and for those who have no transport of their own, a reliable bus service is absolutely necessary for such basic things as getting to work, doing the shopping, visiting a doctor and getting to hospital.

The Chairman of the Council, Mr. R. Stubbings, invited those present to give their opinions on the kind of service they feel is necessary, and a suggestion was made that a private operator might provide a better and more economic service, as many of those present could remember from the days before "London Transport".

However, it was pointed out that one of the private operators was not willing to provide a service beyond Amersham and Coleshill to Beaconsfield, and there is also the question whether a local man would be able to obtain a license to operate on a route where London Country buses were running.

On the suggestion of the Chairman, members agreed upon a time-table which they thought would meet with general approval and they sent this to the Amersham Rural District Council with the recommendation that they would support the resolution down for discussion "that the Rural District Council agree to pay a subsidy to London Country Bus Services for an interim period of 12 months, the subsidy to be paid subject to the Bus Company and neighbouring local authorities agreeing to co-operate and negotiate for more efficient services.

The Parish Council was told that the Bus Company would be asked to agree to the transfer of some local services to private operators. No figures were mentioned as to the overall cost involved but it was known that some of the services were losing very heavily.

B.S.

COLESHILL RESIDENTS' ASSOCIATION.

At its regular Committee Meeting held on January 19th, the Residents' Association were told that a number of residents of Coleshill and members of the Association had supported the rally at Wing on Sunday, January 10th, to demonstrate against the Roskill Committee's recommendation that London's third airport be sited at Cublington.

As a further practical gesture the Committee agreed to donate the sum of £10 towards the fund set up to oppose the Cublington site.

It seems incomprehensible to the Committee that while more and more countryside is disappearing to make more motorways and to extract gravel and the like, an inland site in North Bucks should be preferred as the site for a third airport when a feasible alternative is to reclaim land at Foulness.

The Committee also heard with dismay of the threat to withdraw the only means of transport for many Coleshill residents - the bus service. They unanimously agreed to give all possible support to the Parish Council in their fight to preserve the service, but it was suggested that if the ratepayers generally were to contribute towards the cost of maintaining the service they should have some say in the type of service provided.

S.C.C.

YOGA

During the course of its 48 years, the Village Hall has been the scene of all sorts of village activities and now it welcomes Yoga.

It came to the Village through Miss Angela Farmer whose parents, Mr. and Mrs. Farmer, are now living in Coleshill. She is a qualified teacher of physical education, specialising in dance, art and Yoga, having trained for the latter under B.K.S. **Lyengar**, Yehudi Menuhin's well-known Guru. In response to requests from friends, she started teaching a small group of people in Coleshill about three months ago, and now plans to continue teaching here on Mondays at 11 a.m. and Tuesdays at 8 p.m. We are indebted to her for the following article:

"The word '**Yoga**' comes from the Sanscrit meaning to yoke or unite, to concentrate one's attention on, communion. The practice of Yoga is towards "the true union of our will with the will of God". It is the yoking of all the powers of the will to something greater than oneself.

In **Hatha** Yoga we start with the mere physical aspect, although to work correctly, full attention of the mind and sense of devotion must be involved. As in music, one must tune the instrument and learn to play it, so one begins with our **first** instrument, the body. Little by little, parts long neglected, stiff or rheumatic areas are worked on, the **circulation** is stimulated and muscles toned. Elasticity returns bringing suppleness and a sense of freedom and well being as the flow of energy is released. This is done through the practice of **Asanas** or poses.

B.K.S. **lyengar** says "Asanas (Yoga postures) have been evolved over the centuries so as to exercise every muscle, nerve and gland in the body. They secure a fine physique which is strong and elastic without being muscle bound, and they keep the body free from disease. They reduce fatigue and settle the nerves. But their real importance lies in the way they train and discipline the mind".

There is nothing new about Yoga. Over the years of "Civilisation", we have lost the art of natural movement and stillness, and attitudes of mind reflect themselves in the body. Yoga is probably as old as mankind. Relics of figures and paintings have been found in the oldest civilisations. Over the centuries it has evolved and today more than ever with all the stress and strains of modern life, the recent interest and enthusiasm for the joy and peace Yoga brings is an expression of its great need in our busy lives.

The practice of Hatha Yoga demands complete attention and a great determination to battle with one's own whims and weaknesses. But the reward is beyond words - you have only to see the way eyes sparkle, tense lines are smoothed, bodies move quietly and easily and a **feeling** of lightness spreads through a group working together.

Do come and watch a class. Quiet visitors are always welcome. "

Angela Farmer.

WOMEN'S WORLD DAY OF PRAYER

This will be held on Friday, 5th March, at All Saints', Coleshill, when the speaker will be Mrs. Fenning of Little Chalfont who will take for her theme "A new people for a new age".

The Women's World Day of Prayer, as we know it today, has grown from small prayer groups into a world wide fellowship which is a strong link among Christian Women in all continents and in the islands of the seas. Each year new groups add to the chain of prayer.

In 1920 the women of Canada and the U.S.A. were united in prayer on the first Friday in Lent. In 1927 at the International Missionary Council, women had a great vision seeing not only women in America but throughout the World praying for the concerns of the Kingdom. In 1936 women in 50 countries took part in the Day and now Christian women in more than 150 countries are united each year in Prayer. The Day of Prayer, like every day, begins at the International Date Line in the Pacific. As the Day progresses around the world, in group, in city, countryside and hamlet join in praise and prayer, until after some 40 hours, it ends in Alaska, about 30 miles from the Arctic Circle.

Britain first came into the movement in 1930 and our first service in Coleshill was in February 1961. We have held a service every year since. Collections have been sent to headquarters and allocated to Christian Literature Societies - during the years about £45 has been sent from here. God alone can measure the power of this Day of Prayer.

The International Committee takes responsibility for the policy and planning of the Women's Day of Prayer movement and each year different groups throughout the World draw up the order of service. This year, 1971, we owe the choice of the theme and the order of service to the women of the Caribbean.

S.B.

FORTHCOMING EVENTS.

Thurs. Feb. 11	Mobile Library Van - Coleshill. W.I. - Leon Petulengro (Woman's Own) Astrology and Romany lore. Trading Stall.
" 18	Mothers' Union - Winchmore Hill.
Wed. 24	ASH WEDNESDAY
Thurs. 25	Mobile Library Van - Coleshill ALL SAINTS' ANNUAL GENERAL MEETING. School 3 p.m.
Fri. 26	Buffet dance in aid of the Village Hall.
Mon. Mar. 8	ST. MARY'S AMERSHAM and ALL SAINTS' COLESHILL Annual General Meeting 8 p.m.
Fri. 5	Women's Day of Prayer.

The next number of the Newsheet will be issued in time for Easter - April 11th - and contributions should be sent to the Editor or to one of the pro-churchwardens by March 20th.

TICKETS FOR THE VILLAGE HALL DANCE 20/- each

AVAILABLE FROM THE BED LION

